

**WEIGHT MANAGEMENT REFERRAL**  
649 Sheppard Ave West  
Toronto, ON, M3H 2S4  
TEL: (416) 508-5691 | FAX: (416) 398-2436



[www.getwellforlife.ca](http://www.getwellforlife.ca)

Dear doctor,

Your patient has expressed interest in weight management! Please complete and return fax, thanks!

**PATIENT INFO:**

Name: \_\_\_\_\_ \* (\* Required fields)  
Date of Birth: \_\_\_\_\_ (dd-mm-yyyy)  
Gender: \_\_\_\_\_  
OHIP #: \_\_\_\_\_ \* Version: \_\_\_\_\_ \*  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone: \_\_\_\_\_ \*  
Cell: \_\_\_\_\_  
Email: \_\_\_\_\_  
(personal, non-work)

**Medical Reason for Referral:** \* (Examples: obesity, HTN, diabetes, cholesterol, metabolic syndrome, PCOS)

**Past Medical and Psychiatric Health:**                      **Height:** \_\_\_\_\_                      **Weight:** \_\_\_\_\_

**Current Medications:**

Referral request to Dr. Kevin Lai & Associates for integrated multidisciplinary, supportive coaching, medical management, nutritional counselling, cognitive and behavioural approach to helping clients reach their best weight.	<b>Physician Referral Required Services: #</b>
	Referring Physician Name: _____ *
	MOHLTC Billing Number: _____ *
	Referring Physician Phone: _____ *
	Referring Physician Fax: _____ *
	Physician Signature: _____ *
Date of Referral: _____ *	

\*\*\* Please send a copy of recent relevant blood work, investigations, imaging, and consults \*\*\*